Lean In for the Public Sector

The prognosis you give yourself is the only one that's important. You can't allow yourself to become the victim of a negative prognosis. At the young age of thirty-three, Nancy Davis was diagnosed with multiple sclerosis. The finality of the neurologist's prognosis was devastating: "There is nothing you can do. Go home and go to bed forever." Nancy left her doctor's office in shock and despair. How could it be that within a year she would be confined to her bed, at best able to push the buttons on her television's remote control? She had plans. She had a family. She had a life that she desperately wanted to live. Nancy made a choice. Rather than accepting this hopeless prognosis, she began to educate herself, to create an effective health regimen, and to expand her range of therapeutic options. She literally reinvented her prognosis and in doing so she created a healthy new life. Lean on Me couples Nancy's deeply personal story with a step-by-step guide to empower anyone to take charge of his or her own health care in the face of any life-threatening disease: Step One Embrace Change Step Two Fear Less Step Three Never Take No for an Answer Step Four Find Your Dr. Right Step Five Build Your Health Team Step Six You Are What You Ingest Step Seven Let's Get Physical Step Eight Explore Alternative Therapies Step Nine Tame the Health Care Monster Step Ten Give Back Life-altering diseases often come with a list of "can'ts," "won'ts," and "no's." Nancy teaches readers how to move beyond these negative concepts and focus on what they personally can and will do to improve their health. Each of these steps offers readers the strategies and strength to carry on when they're feeling overwhelmed, and the concrete tools for actively seeking and receiving the best treatment. Lean on Me is the health advocate that each of us needs to adopt in the face of a medical crisis. It is a book that shows how to navigate the health care waters, to find hope, to take positive action, and to celebrate progress -- all kinds, every day. It provides the knowledge and power to make good choices. It
supplies the authoritative information that can enable you to save your life or the life of a loved one.

The Will To Lead

This book deals with a hospital's struggle to secure and maintain financial stability. In the story, the leadership team of a fictional hospital adopts the tools and principles associated with the Toyota Production System or Lean. The story takes the reader through leadership's arduous journey from rejecting the methodology to embracing it, to successful implementation. This book is important because many of our nation's hospitals are besieged with financial difficulties with declining reimbursement and the public is losing confidence in our hospital's ability to provide quality care without error. Lean can provide relief from these issues but only if it is properly implemented.

A Uterus Is a Feature, Not a Bug

"This book presents emerging research-based trends in the area of global quality lean six sigma networks and analysis through an interdisciplinary approach focusing on research, cases, and emerging technologies"--Provided by publisher.

The Lean Prescription

This book gives healthcare leaders a practical guide to implementing the 4 key components of lean daily management system - 1. LDM boards; 2. Leadership rounds 3. Leader daily disciplines and 4. Lean projects. Although lean is not new to healthcare, effective LDM is just now taking hold with the best lean healthcare organizations in the U.S. and Canada. Leaders are realizing that sustaining their lean projects over time has proven to be a challenge without first addressing the organizations management system/model. LDM gives leaders a straightforward approach to do just that as well as improve their ability to spread and deploy lean to other areas of the organization and tie back to strategy.

The Lean Practitioner's Field Book

Outlines a revisionist approach to management while arguing against common perceptions about the inevitability of startup failures, explaining the importance of providing genuinely needed products and services as well as organizing a business that can adapt to continuous customer feedback.

Leading Lean

"Scaling Lean offers an invaluable blueprint for modeling startup success. You'll learn the essential metrics that measure the output of a
Lean Out

Why aren’t the great, qualified women already in tech being hired or promoted? Should people who don’t fit in seek to join an institution that is actively hostile to them? Does the tech industry deserve women leaders? The split between the stated ideals of the corporate elite and the reality of working life for women in the tech industry—whether in large public tech companies or VC-backed start-ups, in anonymous gaming forums, or in Silicon Valley or Alley—seems designed to crush women’s spirits. Corporate manifestos by women who already fit in (or who are able to convincingly fake it) aren’t helping. There is a high cost for the generation of young women and transgender people currently navigating the harsh realities of the tech industry, who gave themselves to their careers only to be ignored, harassed and disrespected. Not everyone can be a CEO; not everyone is able to embrace a workplace culture that diminishes the contributions of women and ignores real complaints. The very culture of high tech, where foosball tables and endless supplies of beer are de facto perks, but maternity leave and breast-feeding stations are controversial, is designed to appeal to young men. Lean Out collects 25 stories from the modern tech industry, from people who fought GamerGate and from women and transgender artists who have made their own games, from women who have started their own companies and who have worked for some of the most successful corporations in America, from LGBTQ women, from women of color, from transgender people and people who do not ascribe to a gender. All are fed up with the glacial pace of cultural change in America’s tech industry. Included are essays by anna anthropy, Leigh Alexander, Sunny Allen, Lauren Bacon, Katherine Cross, Dom DeGuzman, FAKEGRIMLOCK, Krys Freeman, Gesche Haas, Ash Huang, Erica Joy, Jenni Lee, Katy Levinson, Melanie Moore, Leanne Pittsford, Brook Shelley, Elissa Shevinsky, Erica Swallow, and Squinky. Edited and selected by entrepreneur and tech veteran Elissa Shevinsky, Lean Out sees a possible way forward that uses tech and creative disengagement to jettison 20th century corporate culture: “I’ve figured out a way to create safe space for myself in tech,” writes Shevinsky. “I’ve left Silicon Valley, and now work remotely from home. I adore everyone on my team, because I hired them myself.”

Lean on Me

In this book, Dr. Gabow, former CEO of Denver Health of 20 years, teams up with Philip Goodman, a 34-year veteran of Denver Health who directed the Lean System group, to share their Lean journey. The Lean Prescription: Powerful Medicine for Our Ailing Healthcare System tells the story of how Dr. Gabow led Denver Health to become the first healthcare organization to be awarded the Shingo Bronze Medallion Prize for Operational Excellence. Detailing the foundational Lean principles, the book provides readers with the benefit of the experience of an integrated healthcare system’s successful seven-year Lean journey. This book grew out Gabow’s 40 years’ experience as a practicing physician, teacher, researcher, and leader of a large, urban public healthcare system. About 10 years into her 20 years as CEO of the healthcare system, she began to look at how one could actually make healthcare work right. After a year of study, she and her team concluded...
that Lean was exactly what healthcare needed. During the seven-year Lean journey that followed, Denver Health dramatically improved quality of care. Denver Health achieved a reduction of the expected mortality rate to the lowest among the academic health center members of the University Health System Consortium in 2011. The financial results were equally impressive. Denver Health realized almost $200 million of well-documented, hard financial benefit over seven years. This book provides authoritative guidance on how to effectively implement a Lean transformation in a healthcare system that includes hospitals, HMOs, community health centers, call centers, and paramedics. Providing an accessible explanation of the Lean philosophy and tools, the book includes helpful exercises and examples of Lean applications. The book goes beyond the hospital environment to the broader healthcare sector.

The Lean Startup

Despite enormous investments of time and money, are we making a dent on the social and environmental challenges of our time? What if we could exponentially increase our impact? Around the world, a new generation is looking beyond greater profits, for meaningful purpose. But, unlike business, few social interventions have achieved significant impact at scale. Inspired by the modern innovation practices, popularized by bestseller The Lean Startup, that have fueled technology breakthroughs touching every aspect of our lives, Lean Impact turns our attention to a new goal - radically greater social good. Social change is far more complicated than building a new app. It requires more listening, more care, and more stakeholders. To make a lasting difference, solutions must be embraced by beneficiaries, address root causes, and include an engine that can accelerate growth to reach the scale of the need. Lean Impact offers bold ideas to reach audacious goals through customer insight, rapid experimentation and iteration, and a relentless pursuit of impact. Ann Mei Chang brings a unique perspective from across sectors, from her years as a tech executive in Silicon Valley to her most recent experience as the Chief Innovation Officer at USAID. She vividly illustrates the book with real stories from interviews with over 200 organizations across the US and around the world. Whether you are a nonprofit, social enterprise, triple bottom line company, foundation, government agency, philanthropist, impact investor, or simply donate your time and money, Lean Impact is an essential guide to maximizing social impact and scale.

Quantum Lean

Sheryl Sandberg’s business advice book, Lean In, was heralded as a defining moment in attitudes to women in business. But for all its commercial success, it proposed a model of feminism that was individualistic and unthreatening to capital. In her powerful debut work Lean Out, acclaimed journalist Dawn Foster unpicks how the purportedly feminist message of Sandberg’s book neatly exempts patriarchy, capitalism and business from any responsibility for changing the position of women in contemporary culture. It looks at the rise of a corporate ‘1% feminism’, and at how feminism has been defanged and depoliticised at a time when women have borne the brunt of the financial crash and the gap between rich and poor is widening faster than ever. Surveying business, media, culture and politics, Foster asks whether this ‘trickledown’ feminism offers any material gain for women collectively, or acts as mere window-dressing PR for the corporations who caused the financial crash. She concludes that ‘leaning out’ of the corporate model is a more effective way of securing change than leaning in.
"If You Lean In, Will Men Just Look Down Your Blouse?"

From microaggressions to the wage gap, The Memo empowers women of color with actionable advice on challenges and offers a clear path to success. Most business books provide a one-size-fits-all approach to career advice that overlooks the unique barriers that women of color face. In The Memo, Minda Harts offers a much-needed career guide tailored specifically for women of color. Drawing on knowledge gained from her past career as a fundraising consultant to top colleges across the country, Harts now brings her powerhouse entrepreneurial experience as CEO of The Memo to the page. With wit and candor, she acknowledges "ugly truths" that keep women of color from having a seat at the table in corporate America. Providing straight talk on how to navigate networking, office politics, and money, while showing how to make real change to the system, The Memo offers support and long-overdue advice on how women of color can succeed in their careers.

Lean Impact

How well does your organization respond to changing market conditions, customer needs, and emerging technologies when building software-based products? This practical guide presents Lean and Agile principles and patterns to help you move fast at scale—and demonstrates why and how to apply these paradigms throughout your organization, rather than with just one department or team. Through case studies, you’ll learn how successful enterprises have rethought everything from governance and financial management to systems architecture and organizational culture in the pursuit of radically improved performance. Discover how Lean focuses on people and teamwork at every level, in contrast to traditional management practices. Approach problem-solving experimentally by exploring solutions, testing assumptions, and getting feedback from real users. Lead and manage large-scale programs in a way that empowers employees, increases the speed and quality of delivery, and lowers costs. Learn how to implement ideas from the DevOps and Lean Startup movements even in complex, regulated environments.

Lean in 15 - The Shape Plan

The perfect graduation gift: the iconic #1 best seller, expanded and updated exclusively for graduates entering the workforce. This extraordinary edition of Lean In, by Sheryl Sandberg, chief operating officer of Facebook and coauthor of Option B, with Adam Grant, includes a letter to graduates from Sandberg and six additional chapters from experts offering advice on finding and getting the most out of a first job; résumé writing; best interviewing practices; negotiating your salary; listening to your inner voice; owning who you are; and leaning in for millennial men. In 2013, Sheryl Sandberg’s Lean In became a massive cultural phenomenon and its title became an instant catchphrase for empowering women. The book soared to the top of best-seller lists both nationally and internationally, igniting global conversations about women and ambition. This enhanced edition provides the entire text of the original book updated with more recent statistics and features a passionate letter from Sandberg encouraging graduates to find and commit to work they love. A combination of inspiration and practical advice, this new edition will speak directly to graduates and, like the original, change lives. New Material for the Graduates Edition: "A Letter to
Graduates from Sheryl Sandberg · Find Your First Job, by Mindy Levy (Levy has more than twenty years of experience in all phases of organizational management and holds degrees from Wharton and Penn) · Negotiate Your Salary, by Kim Keating (Keating is the founder and managing director of Keating Advisors) · Man Up: Millennial Men and Equality, by Kunal Modi (Modi is a consultant at McKinsey & Company and a recent graduate of the Harvard Kennedy School and Harvard Business School) · Let’s Lean In Together, by Rachel Thomas (Thomas is the president of The Sheryl Sandberg & Dave Goldberg Family Foundation) · Own Who You Are, by Mellody Hobson (Hobson is the president of Ariel Investments) · Listen to Your Inner Voice, by Rachel Simmons (Simmons is cofounder of the Girls Leadership Institute) · 12 Lean In stories, short essays by readers around the world who have been inspired by Sandberg

Lean Fall Stand

A rallying cry for working mothers everywhere that demolishes the "distracted, emotional, weak" stereotype and definitively shows that these professionals are more focused, decisive, and stronger than any other force. Working mothers aren’t a liability. They are assets you—and every manager and executive—want in your company, in your investment portfolio, and in your corner. There is copious academic research showing the benefits of working mothers on families and the benefits to companies who give women longer and more flexible parental leave. There are even findings that demonstrate women with multiple children actually perform better at work than those with none or one. Yet despite this concrete proof that working mothers are a lucrative asset, they still face the "Maternal Wall"—widespread unconscious bias about their abilities, contributions, and commitment. Nearly eighty percent of women are less likely to be hired if they have children—and are half as likely to be promoted. Mothers earn an average $11,000 less in salary and are held to higher punctuality and performance standards. Forty percent of Silicon Valley women said they felt the need to speak less about their family to be taken more seriously. Many have been told that having a second child would cost them a promotion. Fortunately, this prejudice is slowly giving way to new attitudes, thanks to more women starting their own businesses, and companies like Netflix, Facebook, Apple, and Google implementing more parent-friendly policies. But the most important barrier to change isn’t about men. Women must rethink the way they see themselves after giving birth. As entrepreneur Sarah Lacy makes clear in this cogent, persuasive analysis and clarion cry, the strongest, most lucrative, and most ambitious time of a woman’s career may easily be after she sees a plus sign on a pregnancy test.

Beyond Leaning In

Winner of a 2013 Shingo Research and Professional Publication Award This practical guide for healthcare executives, managers, and frontline workers, provides the means to transform your enterprise into a High-Quality Patient Care Business Delivery System. Designed for continuous reference, its self-contained chapters are divided into three primary sections: Defines what Lean is and includes some interesting history about Lean not found elsewhere. Describes and explains the application of each Lean tool and concept organized in their typical order of use. Explains how to implement Lean in various healthcare processes—providing examples, case studies, and valuable lessons learned This book will help to take you out of your comfort zone and provide you with new ways to extend value to your customers. It drives home the importance
of the Lean Six Sigma journey. The pursuit of continuous improvement is a journey with no end. Consequently, the opportunities are endless as to what you and your organization can accomplish. Forty percent of the authors’ profits from this book will be donated to help the homeless through two Baltimore charities. Praise for the book: well-timed and highly informative for those committed to creating deep levels of sustainable change in healthcare. — Peter B. Angood, MD, FACS, FCCM, Senior Advisor – Patient Safety, in National Quality Forum the most practical and healthcare applicable book I have ever read on LEAN thinking and concepts. — Gary Shorb, CEO, Methodist Le Bonheur Healthcare well written an essential reference in the library of all healthcare leaders interested in performance improvement. — Lee M. Adler, DO, VP, Quality and Safety Innovation & Research, Florida Hospital, Orlando; Associate Professor, University of Central Florida College of Medicine a must read for all Leadership involved in healthcare. I can see reading this book over and over. — Brigit Zamora, BSN, RN, CPAN, CAPA, Administrative Nurse Manager, Florida Hospital, Orlando

Lean Health

The second book by the record-breaking bestselling author Joe Wicks. Eat more. Build muscle. Burn fat. Lean in 15: The Shape Plan introduces a new way of eating and training to build lean muscle and burn more fat. Joe Wicks, aka The Body Coach, has helped hundreds of thousands of people transform their bodies and feel amazing. In the Shape Plan, he shares a hundred delicious recipes and four new workouts to take your fitness to the next level. Are you ready to start your transformation and get Lean in 15? Over 600,000 copies sold

Scaling Lean

Want to become successful in the workplace? Woman around the world find it difficult to gain traction in the workplace due to a number of reasons. Rachel Sandberg in this read pinpoints tips and tricks to use when hoping to progress as a professional in your workplace. It is not impossible to become the best version of yourself as a woman. Some of the greatest leaders have been woman and Sandberg will show you how.

Lean in the Classroom

Winner of a 2013 Shingo Research and Professional Publication Award This practical guide for healthcare executives, managers, and frontline workers, provides the means to transform your enterprise into a High-Quality Patient Care Business Delivery System. Designed for continuous reference, its self-contained chapters are divided into three primary sections: Defines what Lean is and includes some interesting history about Lean not found elsewhere. Describes and explains the application of each Lean tool and concept organized in their typical order of use. Explains how to implement Lean in various healthcare processes—providing examples, case studies, and valuable lessons learned. This book will help to take you out of your comfort zone and provide you with new ways to extend value to your customers. It drives home the importance of the Lean Six Sigma journey. The pursuit of continuous improvement is a journey with no end. Consequently, the opportunities are endless as
to what you and your organization can accomplish. Forty percent of the authors’ profits from this book will be donated to help the homeless through two Baltimore charities. Praise for the book: well-timed and highly informative for those committed to creating deep levels of sustainable change in healthcare. — Peter B. Angood, MD, FACS, FCCM, Senior Advisor – Patient Safety, in National Quality Forum the most practical and healthcare applicable book I have ever read on LEAN thinking and concepts. — Gary Shorb, CEO, Methodist Le Bonheur Healthcare well written an essential reference in the library of all healthcare leaders interested in performance improvement. — Lee M. Adler, DO, VP, Quality and Safety Innovation & Research, Florida Hospital, Orlando; Associate Professor, University of Central Florida College of Medicine a must read for all Leadership involved in healthcare. I can see reading this book over and over. — Brigit Zamora, BSN, RN, CPAN, CAPA, Administrative Nurse Manager, Florida Hospital, Orlando

Lean for Sales

A NEW KIND OF NOVEL TO SPARK DISCUSSION AND CHANGE Professional women are tired of being told to just lean in. What about the challenges that make it harder for women to lean in, the unequal rewards and penalties when they do, and the fact that "leaning in and acting more like men" ignores the stereotypically feminine traits needed for modern leadership? BEYOND LEANING IN tells the story of Debra, a pioneering CEO in her early sixties who is much beloved by her team at her growing start-up. But sales are declining, and her strongest women leaders are departing one after the other. It isn't until she enlists the "reverse mentorship" of the much younger Cassandra that Debra begins to understand the challenges the next generation of women leaders face and the impact on the bottom line. But can she respond fast enough to save her company and her job? BEYOND LEANING IN is a different kind of business book-based on research, but told as a novel and designed to spark discussion among friends, family, classmates, and co-workers across genders and generations. Through the perspective of female and male characters across generations, readers gain new insights about why gender gaps are so hard to close despite our best intentions. We are inspired to think differently about what both individuals and organizations must do to ensure all employees thrive.

Lean in Agriculture

Leveraging Lean in Healthcare

Responding to a recent surge in interest, this is the first book to comprehensively address how Lean thinking and tools can be implemented in agriculture. This handbook breaks down barriers, clearly showing how techniques originally developed for use in factories work just as well on farms. Expert Lean farming consultants Susanne Pejstrup and Vibeke Fladkjaer Nielsen present these methods in a clear, easy-to-read style, accessible to farmers the world over. Case studies from multiple farm types – including crops, pigs and dairy cattle – demonstrate how respect for people, continuous improvement and visual management techniques can improve resilience and profitability on the farm. Richly illustrated, Lean in Agriculture appeals not only to farmers, but to farm workers, food processing companies, veterinarians, consultants and other
stakeholders in the agribusiness sector.

Lean IT

The #1 international best seller In Lean In, Sheryl Sandberg reignited the conversation around women in the workplace. Sandberg is chief operating officer of Facebook and coauthor of Option B with Adam Grant. In 2010, she gave an electrifying TED talk in which she described how women unintentionally hold themselves back in their careers. Her talk, which has been viewed more than six million times, encouraged women to “sit at the table,” seek challenges, take risks, and pursue their goals with gusto. Lean In continues that conversation, combining personal anecdotes, hard data, and compelling research to change the conversation from what women can’t do to what they can. Sandberg provides practical advice on negotiation techniques, mentorship, and building a satisfying career. She describes specific steps women can take to combine professional achievement with personal fulfillment, and demonstrates how men can benefit by supporting women both in the workplace and at home. Written with humor and wisdom, Lean In is a revelatory, inspiring call to action and a blueprint for individual growth that will empower women around the world to achieve their full potential.

Lean In for Graduates

This book is relevant to any kind of business and is currently being used by a number of multi-national companies, including AstraZeneca, Ericsson, Scania and Volvo.

Running Lean

Winner of a 2012 Shingo Research and Professional Publication Award, Demystifying the application of Lean methods, Lean Office and Service Simplified: The Definitive How-To Guide goes beyond the basic tools to detail the key concepts of Lean as they apply to office and service environments. It begins by discussing value stream management, followed by

Lean Out

“The Lean Book of Lean provides a short introduction to a very topical subject, using everyday language and numerous examples to make the principles clear for any reader, at any level and from any sector”--

The Memo

Packed with international case examples and clearly delineating principles as they apply to public sector organizations, Lean for the Public...
Sector: The Pursuit of Perfection in Government Services demonstrates that Lean in the public sector is neither rocket science nor a typical profit-driven improvement program. The book begins with coverage of

Lean Enterprise

This unique guide details a revolutionary approach to lean systems. Whereas traditional lean techniques suffer from less-than-inspiring results, Quantum Lean (QL) rethinks this subject and provides an overdue remedy. The key to this breakthrough is that QL approaches lean systems from an entirely different perspective than conventional methods. Instead of focusing on resource utilization, QL centers on achieving efficiency from the standpoint of a company’s product. The benefits from this simple departure are vast and wide-ranging. In terms of speed, effectiveness, and sustainability, QL offers a superior process for transforming an enterprise and gives practitioners a way to avoid the shortcomings that are commonplace in conventional lean. In addition to being geared toward lean practitioners and consultants, the book is also useful for the C-suite, managers, supervisors, technical staff, and rank-and-file employees. It is intended for those who work in all economic sectors, including services, manufacturing, and government. Key Features: - Provides easy-to-understand QL analysis techniques that are much simpler than standard lean methods and offer uncomplicated rules of thumb for determining priorities and improvement targets - Details a win/win/win scenario for customers, employees, and shareholders that focuses on a company’s product, avoids conflicting objectives, and enables every stakeholder to benefit - Identifies and eliminates previously overlooked waste by analyzing operations from a QL standpoint - Shows how to gain greater buy in and sustainability for lean initiatives by avoiding employee defensiveness and creating a genuine problem-solving mindset throughout an organization. - Removes the steep learning curve often associated with conventional techniques and promotes rapid implementation from analysis to results - WAV features an overall equipment effectiveness data collection form, a time study data collection sheet, and a standard work priority method, among other valuable documents—available from the Web Added Value Download Resource Center at www.jrosspub.com

The Lean

Winner of a Shingo Research and Professional Publication Award Information Technology is supposed to enable business performance and innovation, improve service levels, manage change, and maintain quality and stability, all while steadily reducing operating costs. Yet when an enterprise begins a Lean transformation, too often the IT department is either left out or viewed as an obstacle. What is to be done? Winner of a 2011 Shingo Research and Professional Publication Award, this book shares practical tips, examples, and case studies to help you establish a culture of continuous improvement to deliver IT operational excellence and business value to your organization. Praise for: will have a permanent place in my bookshelf. —Gene Kim, Chief Technology Officer, Tripwire, Inc. provides an unprecedented look at the role that Lean IT will play in making this revolutionary shift and the critical steps for sustained success. —Steve Castellanos, Lean Enterprise Director, Nike, Inc. Twenty years from now the firms which dominate their industries will have fully embraced Lean strategies throughout their IT organizations. —Scott W. Ambler, Chief Methodologist for Agile and Lean, IBM Rational a great survival manual for those needing nimble and adaptive
systems. —Dr. David Labby, MD, PhD, Medical Director and Director of Clinical Support and Innovation, CareOregon makes a major contribution in an often-ignored but much-needed area. —John Bicheno, Program Director MS in Lean Operations, Cardiff University a comprehensive view into the world of Lean IT, a must read! —Dave Wilson, Quality Management, Oregon Health & Science University

Rethinking Lean in Healthcare

A thrilling and propulsive novel of an Antarctica expedition gone wrong and its far-reaching consequences for the explorers and their families "leaves the reader moved and subtly changed, as if she had become part of the story" (Hilary Mantel). Remember the training: find shelter or make shelter, remain in place, establish contact with other members of the party, keep moving, keep calm. Robert 'Doc' Wright, a veteran of Antarctic surveying, was there on the ice when the worst happened. He holds within him the complete story of that night—but depleted by the disaster, Wright is no longer able to communicate the truth. Instead, in the wake of the catastrophic expedition, he faces the most daunting adventure of his life: learning a whole new way to be in the world. Meanwhile Anna, his wife, must suddenly scramble to navigate the sharp and unexpected contours of life as a caregiver. From the Booker Prize-longlisted, American Academy of Arts & Letters Award-winning author of Reservoir 13, this is a novel every bit as mesmerizing as its setting. Tenderly unraveling different notions of heroism through the rippling effects of one extraordinary expedition on an ordinary family, Lean Fall Stand explores the indomitable human impulse to turn our experiences into stories—even when the words may fail us.

Lean Daily Management for Healthcare Field Book

Kathy Freston, the New York Times bestselling author of Veganist, urges “leaning in” for a leaner body—small changes that yield big results—in this simple but effective weight-loss plan.

This is Lean

This groundbreaking book describes the Lean journey as it extends to a business area that is mission critical, yet has been virtually untouched by the Lean transformation. Lean for Sales: Bringing the Science of Lean to the Art of Selling provides sales professionals, and their management teams, with a structured, fact-based approach to boosting sales close rates and delivering improved business value to customers. The time-tested Lean selling techniques described in this book have been proven to deliver profound results. In fact, it is not uncommon for sales close rates to see a threefold increase over current rates as a result of using the techniques described in this book. After reading the book, you will understand how to integrate the science of Lean with the art of sales to: Create winning sales proposals Use Lean selling storyboards to confirm what is truly valuable to your client and their business Improve sales team collaboration Define and qualify a client’s unique business problems and goals Manage sales process performance using a multi-dimensional measurement system that looks beyond sales revenue to include client value and process effectiveness This book outlines an innovative and proven approach to creating a
common language with your customers that is based on waste elimination, root cause analysis, and time to value. Making the management of the sales cycle fact-based, rather than leaving it to intuition, this Lean selling manual presents tools that will enable sales professionals, and their managers, to collect sales opportunity data early and discard those leads that will ultimately waste valuable time and resources.

**Lean on Me**

While there are numerous Lean Certification programs, most companies have their own certification paths whereby they bestow expert status upon employees after they have participated in or led a certain number of kaizen events. Arguing that the number of kaizen events should not determine a person's expert status, The Lean Practitioner's Field Book: Proven, Practical, Profitable and Powerful Techniques for Making Lean Really Work outlines a true learning path for anyone seeking to understand essential Lean principles. The book includes a plethora of examples drawn from the personal experiences of its many well-respected and award-winning contributors. These experts break down Lean concepts to their simplest terms to make everything as clear as possible for Lean practitioners. A refresher for some at times, the text provides thought-provoking questions with examples that will stimulate learning opportunities. Introducing the Lean Practitioner concept, the book details the five distinct Lean Practitioner levels and includes quizzes and criteria for each level. It highlights the differences between the kaizen event approach and the Lean system level approach as well as the difference between station balancing and baton zone. This book takes readers on a journey that begins with an overview of Lean principles and culminates with readers developing professionally through the practice of self-reliance. Providing you with the tools to implement Lean tools in your organization, the book includes discussions and examples that demonstrate how to transition from traditional accounting methods to a Lean accounting system. The book outlines an integrated, structured approach identified by the acronym BASICS (baseline, analyze, suggest solutions, implement, check, and sustain), which is combined with a proven business strategy to help ensure a successful and sustainable transformation of your organization.

**Lean Six Sigma Approaches in Manufacturing, Services, and Production**

Gina Barreca is back and she’s telling women to lean in, be loud and be funny!

**Becoming Lean**

First in an emotional, poignant romantic women's fiction series from acclaimed inspirational romance author Pat Simmons. No one should have to go it alone Tabitha Knicely is overwhelmed with sorrow and exhaustion caring for her beloved great-aunt, whose dementia is getting worse. When her neighbor Marcus Whittington accuses Tabitha of elder neglect, he doesn't realize how his threats to have Aunt Tweet taken away add to Tabitha's pain. Then Marcus gets to know the exuberant elderly lady and sees up close how hard Tabitha is fighting to keep everything together. Tabitha finds herself leaning on Marcus more and more. And he's becoming more than happy to share her burdens What readers are saying: "The most empowering story line of a family tied together by the power of unconditional love." "Beautifully written, heart-wrenching
romance that rates five shiny stars." "A powerful read that will tug at your heart." "The joys and challenges of caregiving Love comes in all shapes, sizes, and scenarios!"

How to Have Great Meetings

Meetings don't need to be terrible. They can be the best place for us to connect with the people we work with and do great things. This book presents the Lean Coffee method which has since its inception in 2009 spread across the globe to radically shift the way people meet with each other.

Lean Office and Service Simplified

What is Lean? Pure and simple, lean is reducing the time from customer order to manufacturing by eliminating non-value-added waste in the production stream. The ideal of a lean system is one-piece flow, because a lean manufacturer is continuously improving. Most other books on lean management focus on technical methods and offer a picture of how a lean system should look like. Other books provide snapshots of companies before and after lean was implemented. This is the first book to provide technical descriptions of successful solutions and performance improvements. It’s also the first book to go beyond snapshots and includes powerful first-hand accounts of the complete process of change; its impact on the entire organization; and the rewards and benefits of becoming lean. At the heart of Becoming Lean are the stories of American manufacturers that have successfully implemented lean methods. The writers offer personalized accounts of their organization's lean transformation. You have a unique opportunity to go inside the implementation process and see what worked, what didn't, and why.

The Lean Farm

A practical, systems-based approach for a more sustainable farming operation To many people today, using the words “factory” and “farm” in the same sentence is nothing short of sacrilege. In many cases, though, the same sound business practices apply whether you are producing cars or carrots. Author Ben Hartman and other young farmers are increasingly finding that incorporating the best new ideas from business into their farming can drastically cut their wastes and increase their profits, making their farms more environmentally and economically sustainable. By explaining the lean system for identifying and eliminating waste and introducing efficiency in every aspect of the farm operation, The Lean Farm makes the case that small-scale farming can be an attractive career option for young people who are interested in growing food for their community. Working smarter, not harder, also prevents the kind of burnout that start-up farmers often encounter in the face of long, hard, backbreaking labor. Lean principles grew out of the Japanese automotive industry, but they are now being followed on progressive farms around the world. Using examples from his own family’s one-acre community-supported farm in Indiana, Hartman clearly instructs other small farmers in how to incorporate lean practices in each step of their production chain, from starting a farm and harvesting crops to training employees and selling goods. While the intended audience for this book is small-scale farmers who are part of the growing local food
movement, Hartman’s prescriptions for high-value, low-cost production apply to farms and businesses of almost any size or scale that hope to harness the power of lean in their production processes.

Leveraging Lean in Healthcare

Companies from startups to corporate giants face massive amounts of disruption today. Now more than ever, organizations need nimble and responsive leaders who know how to exploit the opportunities that change brings. In this insightful book, Jean Dahl, a senior executive and expert in the Lean mindset and its methods, demonstrates why you need to embrace Modern Lean principles and thinking to redefine leadership in this age of digital disruption in order to continuously evolve the Lean enterprise. Drawing on nearly three decades of corporate and consulting experience, Ms. Dahl lays out a new holistic framework for developing Modern Lean leaders. Through personal experiences and compelling real-world case studies, she explains specific steps necessary for you and your company to proactively understand and respond to change. Understand the leadership challenges Lean leaders face in our 21st century global economy Explore the six dimensions of the Modern Lean Framework™ Learn and apply the nine steps necessary to become a Lean leader Use Modern Lean methods to build a culture of continuous learning that can be sustained and maintained within your organization Seize competitive advantage by embracing Modern Lean to build an enterprise that understands how to respond to disruption

The Lean Book of Lean

The current way of organizing education is not tenable in the coming decade. We need to address how we teach, how we organize schools, how we increase the effectiveness of learning, how we construct classrooms, and how we deploy new technologies. Lean management philosophy has been successfully applied across many industries – from manufacturing to healthcare, financial services, and construction. Recently, interest in Lean has steadily increased in the education sector, as it was originally introduced in that area’s administrative and support processes. Currently, the introduction of Lean and its potential in education is gaining wider exposure because of massive looming changes – for example, the introduction of technology in education (as EdTech within the traditional system and as MOOCs), demographic changes, budget pressure, new pedagogies, the entrance of more and more private providers, and changing demands of society and industry on the curriculum. What is missing is a joint framework that will allow schools, teachers, directors, and boards to harness the potential of these developments and then execute a strategy. Lean Education (LE) offers the potential to streamline the execution of strategy and teaching. It accelerates the development of new courses and studies that are closely aligned to the needs of students. It supports the integration of new technologies without overburdening teachers and staff. Lean in the Classroom brings all these elements together into a coherent framework so schools can make necessary changes in one concerted effort. Teaching, professional support, managing the daily work, and changing the way schools function are brought together as a schoolwide strategy to organize learning in a way that serves our students by making the most of their talents. This book is the first to define LE in all its aspects: course design, actual teaching and learning processes, school management, and the organization of supporting processes. It is firmly based on the Lean management philosophy in conjunction with pedagogy. The book
draws on both scientific research in the field of Lean management in general and Lean education in particular. In addition, it is predicated on many years of hands-on experience applying Lean both inside and outside the education sector.

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